

Monday, January 22, 2024

Good Morning Ketcham Nation!
Today is Day 5

Today's Motivation: The only place where success comes before work is in the dictionary.

25 YEARS!

Congratulations to the RCK faculty and staff being recognized at tonight's Board of Education meeting for 25 years of service to Wappingers Central School District: Mr. Calimano, Mr. Cancellari, Mr. Holod, Ms. Kondor, Ms. Marchetti, Mr. Paino, Mr. Saterlee, Mr. Schmid, Ms. Struzzieri. Thank you for your years of dedication!

REMINDER: The remainder of this week is Regents Week. Only students who are scheduled to take Regents exams will report to school. Updated bus schedules are available on the RCK and WCSD website. Good luck to all those taking Regents this week!

INHS

Italian National Honor Society will be meeting today 1/22 after school in Room 344. Attendance at this meeting is mandatory as we will be discussing our upcoming events.

BASKETBALL

Congratulations to the Varsity Girls Basketball team for the 71-45 win over John Jay this weekend! Jenny Nardelli had 20 points and 10 rebounds, Caitlin Robertson had 18 points, Nia Rencher had 16 points and 14 rebounds. The entire team worked together for a dominant win on the road. Way to go RCK!

COOKIE SALE

Sociedad, RCK's Spanish Honor Society, is doing a Halbsies Cookies fundraiser! One dozen locally made cookies for \$20, ready for your Superbowl party, Valentine's Day, or just to treat yourself! To order use this link: <https://forms.gle/3bM6uPrt2MnS9QSJ7> See Sra. Flanagan or an officer if you have any questions!

TRACK & FIELD

Congratulations to the girls team for placing third at the League Meet at the Armory. Abby Kowalczyk was a double winner in the 3,000 and 1,500 meter runs. Sabrina Schmitt won the 300 meter dash and finished a close third in the 55 meter dash. Angie Odeniyi won the weight throw and finished second in the shot put. Savana Stevenson finished in second in the 55 meter dash and third in the 300 meter dash. Connor Hitt won the 3200 meter run and finished second in the 1600 meter run. Jezreel Brooks finished third in the 55 meter dash. He also anchored the 4x200 meter relay (Bryan Lee, Devan DeJesus, Jacob Pesantez) to a third place finish. The 4x400 meter relay (Matt Kowalczyk, George Soyka, Adam Gazal and Isaac Menjivar) nipped John Jay at the line to finish third. Overall, there were many personal bests achieved. Keep up the hard work.

MATH HONOR SOCIETY

Math Honor Society and Math Team Members! Our Last meet is home, here at RCK on 2/7! We need to have a strong showing to qualify for sectionals!

Please join us for a meeting on 1/31 to discuss new membership applications, fundraising opportunities, pi day events and also have a practice for our last meet! We will meet in room 345 at 2:30 and all math team and Math Honor Society Members are welcome! See an officer or Ms. Siebert for questions.

DRESS DOWN FOR SPARROW'S NEST

Join Ketcham in support of Sparrow's Nest, a charity that provides meals for families battling cancer, by participating in the WCSD Sparrow's Nest Dress Down Day on March 15th. Order your gear by February 14th. <https://docs.google.com/forms/d/e/1FAIpQLSc32dhztkNw8cE5p5icBA-EkiA0Jq8YBGVS31R4eAbe1fN6vQ/viewform>

WINNERS CIRCLE

Mandatory meeting date 2/5

Anyone that may want to be in the Winner's Circle class next year please contact Mr. Bliss (room 223). This is the class where we build a 1965 Shelby Cobra race car, go on multiple field trips and generally do awesome things. There will be an informational meeting on February 5th at 11:30 in the LGI, to attend the meeting students need to come to Mr. Bliss (or Mr. Yahn or Mr. Musch) to get on the list to attend the meeting. You must come in person. If you do not attend this

meeting you will not be eligible for the class.

FAFSA

Attention Seniors & Families!!!

The 2024-2025 FAFSA is currently available to complete. You can find the application here. <https://studentaid.gov/h/apply-for-aid/fafsa> Please be aware that the website has been experiencing some difficulties. If you are having difficulties with the website, please be patient and continue trying.

DCC INSTANT DECISION DAY

Dutchess Community College will be visiting on Monday, February 12th from 9:20-11:40 am (periods 3, 4, & 5) in the computer lab for Instant Decision Day. Stop by to work through your application with an admissions representative and be given an instant decision on your acceptance. Pre-registration for the event is available through SCOIR.

ATTENTION SENIORS!!!

Gabriella Fryer from The Community Foundations of the Hudson Valley will be joining us on Tuesday, January 30th, during periods 4 & 5, to present on the scholarship portal. Seniors may come to either one of her presentations in the LGI. Please bring your Chromebook as you will have the opportunity to fill out the application. For more information on the Community Foundation of the Hudson Valley, visit <https://communityfoundationshv.org/scholarships/>

CTI FIELD TRIP

For interested students in the Class of 2025 & 2026, RCK will visit BOCES CTI (Career & Technical Institute) for an exploratory field trip. If you are interested in attending BOCES CTI for the upcoming school year, please join us on Tuesday, January 30th for an Exploratory Field Trip. This is a great opportunity to get a first-hand glimpse of what attending a Career and Technical Program at CTI is like. To attend the field trip, you must complete the Google Form posted on your grade-level Google Classroom and hand in the permission slip no later than Tuesday, January 23rd to Ms. Vitale in the Guidance Office (Room 217). If you have any questions or concerns, please contact your school counselor. Space is limited, so please don't wait!

SENIORS ONLY TRIP

Class of 2024 trip to Barclays Center to see the Brooklyn Nets take on the Cleveland Cavaliers on Thursday, Feb. 8. Bus leaves RCK at 3:30pm. Game time is 7:30pm. Estimated return to RCK 11-11:30pm. Cost is \$75 and includes game ticket/fees, coach bus ticket and snacks/water for the ride. There will be time to explore Barclays shops and grab food before tipoff. Permission slips available in Main Office, from Mr. Rifenburg in Room 101 or Ms. Bunt in Room 241. Permission slips and cash payment are due Jan. 26. There is one bus, but another will be added if there is demand. Questions? See Mr. Rifenburg or Ms. Bunt.

CREW

Wappingers Crew Club has Novice Tanks at the Hudson River Association Boathouse running every Saturday in January. If you are interested in rowing in the spring, come check out the boathouse! Fill in the Google Form in your email. <https://docs.google.com/forms/d/e/1FAIpQLScMEP8I4XNFVCD9fKV1qMhDtselhfDeZJldVEMhAkU-Lkmx9Q/viewform>

SCHOLARSHIPS

The Community Foundation Scholarship Program application portal is currently open. Students can register and apply for several local scholarships by submitting an application. Follow the link for more details or see your counselor. <https://communityfoundationshv.org/scholarships/>

Scholarship information is consistently updated on the Senior Google Classroom and on the scholarship link on the School Counseling webpage:

https://docs.google.com/spreadsheets/d/e/2PACX-1vSQI9lpLdXiG-2I5hjP5FpW-tJ_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml

Community Foundation Scholarship Workshops:

Monthly virtual scholarship workshops are offered monthly via Zoom. Attendees are led through the online scholarship process and questions are answered throughout the workshop. This event is open to high school students and/or their parent/guardians, undergraduate college students, high school teachers, guidance counselors, and any high school staff or administration. Registration is required and these workshops are .Go to the website <https://communityfoundationshv.org/scholarships/> and click on any of the dates below to register. The Workshop

Zoom link will be emailed to all registrants on the morning of each session.

Thursday, February 1, 2023 @ 6:00 pm #2 of 4

Tuesday, March 5, 2023 @ 6:00 pm #3 of 4

Wednesday, April 3, 2023 @ 6:00 pm #4 of 4

YEARBOOK

There is a limited quantity of yearbooks available. You can still secure a book by ordering now

at <https://buytheyearbook.pictavo.com/login> School Code 715765

Don't miss out!

SENIOR TRIBUTE ADS

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23/24, but don't wait! Take care of it now before the rush of graduation sets in. <https://www.tributeads.com/>

SPORTS TALK CLUB

The Sports Talk Club will begin meeting in January. The class code is n6m2omg and all the information will be in the classroom

SKI & SNOWBOARD CLUB

Registration to join the Ski & Snowboard Club is open. Students must register online and provide the transportation fee to secure their spot. A very limited number of spots are still available - so don't delay! To join, please begin the registration process online. The registration form may be found here <https://forms.gle/E6G8gPmE7t98EAB19>

For more information, please visit our Google Classroom at class code: gpnknlc

LITERARY MAGAZINE

The RCK Literary Magazine is the perfect club for anyone who enjoys expressing their creativity through their writing, art, or photography. Our Prompt Challenge for December/January is "Holiday and Winter Traditions" Share your warming tales with us! Submit your work to this form to be featured in the 2024 Issue: <https://forms.gle/vQHrUaG6PeqfT23E9>

Our meetings are after school on Thursdays in room 208. Join us! Google Classroom Code: lrh2tys

OTHER MUSIC CLUB

A club for anyone who is interested in creating their own music of any kind! The Other Music Club is a space to discuss, share, and create live music as a community. No musical skill is necessary, just a willingness to participate. We are aiming to have some sort of performance/ battle of the bands later in the year to showcase students' music (collaborative or individual). Anyone is welcome to join us on Wednesdays in room 203 from 2:30 to 3:30!

UNICEF

Are you interested in quality community service, advocating for the human rights of women and children, and a fun after-school activity? UNICEF is the club for you! We meet every other Tuesday in room 336! Join the GC for more info! GC: ovydeut

PTSA

Please help support our students, faculty and staff with your PTSA membership. Sign up

online: <https://rck.memberhub.com/store?limit=21&live=true>

RCK ATHLETICS

Good luck to the Ketcham teams competing today! Varsity Girls Bowling vs Poughkeepsie, Varsity Boys Bowling vs Poughkeepsie, Varsity Boys Swimming/Diving vs New Rochelle, JV Girls Basketball at Walter Panas. Let's go RCK!

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp